

# *Unbridled passions: Imaging the brain substrates of relapse vulnerability*

*Brief Research Overview  
Anna Rose Childress, Ph.D.*

*January 6, 2020*

# **Brain-Behavioral Vulnerabilities (Neuroimaging) Group**

## **Team and Collaborators**



Childress



O'Brien



Franklin



Langleben



Wetherill



Kampman



Ehrman



Jagannathan



Young



Regier



Shi



Ely



Darnley



Taylor



Benson



Gawrysiak



Gonen



Hole



Z. Wang



Magland



Goldman



Marquez



Szucs-Reed



Suh



Fan



Downing



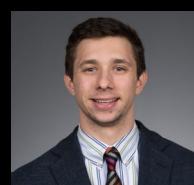
Kaempf



Maron



Spilka



Padley



Keyser



Monge

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Gawrysiak

## Current Collaborations

Genetics

GABA B,  
D3, FKBP5

PET  
D3/D2

FNIRS  
(mobile  
imaging) of  
frontal  
regions

“Disrupted  
Reconsolidation”  
to reduce  
cocaine cue  
reactivity

“Unconscious”  
cocaine cue  
phenomena

Orbitofrontal  
morphology  
(cocaine pts.)

Food

Reward and inhibition probes

Sexual  
Risk

Rick Crist  
(Psychiatry)

Bob Mach  
Jake Dubroff  
Rob Doot  
(Radiology)

Hasan Ayaz  
(Drexel)

Mike Saladin  
(MUSC)

Corinde Wiers  
(NIDA)

Vanessa Troiani  
(Geisinger)

Michael Lowe  
(Drexel)

Anne  
Teitelman  
(Penn SON)

# Addiction



*Our research efforts....  
driven by our addicted patients' struggles with*

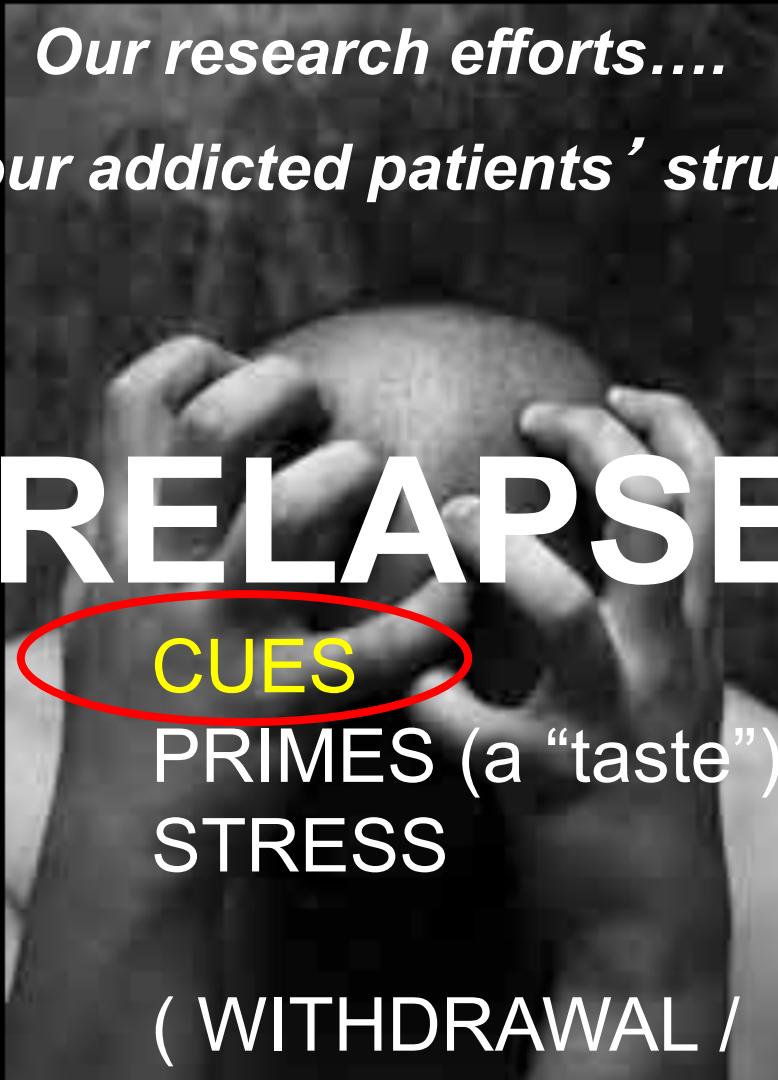
# RELAPSE

CUES

PRIMES (a “taste”)

STRESS

( WITHDRAWAL /  
cognitive disruption )



# ..Let us consider.....



Are  
YOU  
having  
a “GO!”  
moment  
?



*We humans are exquisite reward detectors!*



*But hmmnnn....is there a disadvantage, a  
“dark side” to our reward sensitivity?*



Reward Reward

**Yes -- a possible “dark side”  
to reward sensitivity....**

*A brain that responds very quickly to reward signals (even when “unseen” -- without our awareness) may have greatly helped our early species survival –*

*....BUT – ironically -- very rapid, almost automatic, brain responses may NOT help in the battle against relapse ->> greater reward sensitivity may be a...relapse vulnerability !!*

# VULNERABILITY

“ GO! ”

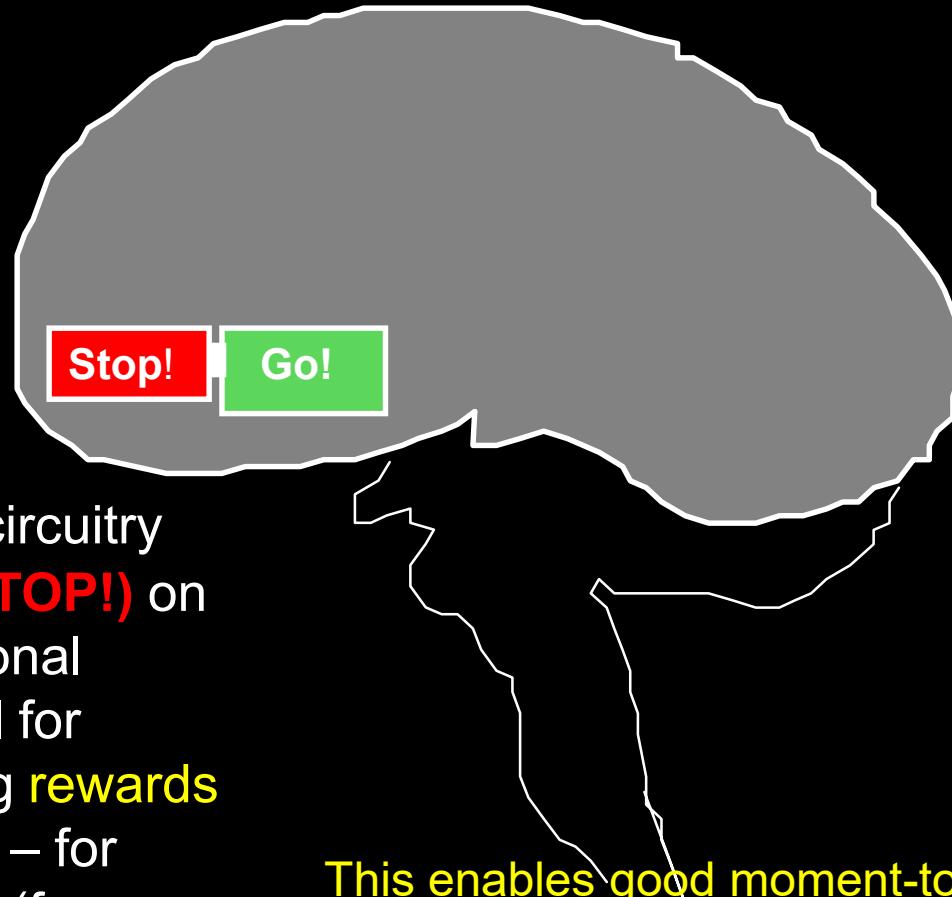
“ STOP! ”

\*\*\* A delicate balance \*\*\*

*For understanding the brain vulnerabilities in relapse.... and, potentially, in addiction, itself....*



## In a normal, adult brain....

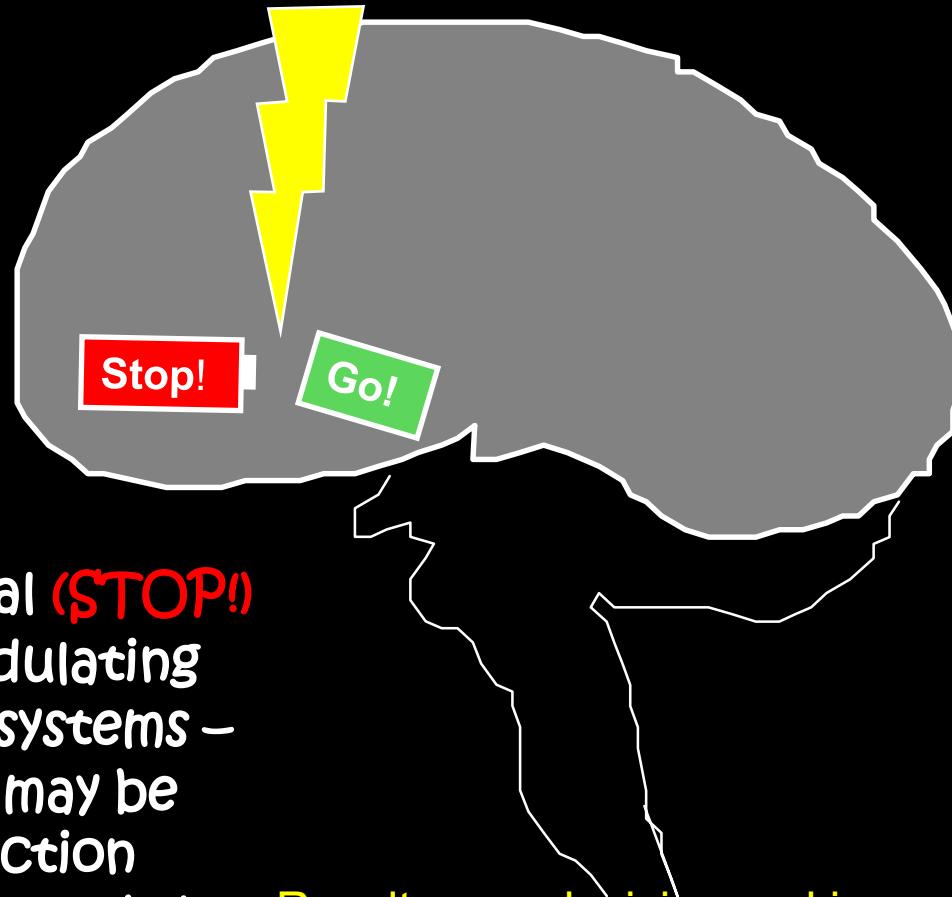


...the brain's frontal circuitry acts as a “brake” (**STOP!**) on downstream motivational (**GO!**) systems critical for survival – for pursuing **rewards** such as food and sex – for responding to **danger** (fear and aggression).

This enables good moment-to-moment decision-making...good evaluation of risk...good impulse control.



## In a vulnerable brain....



..the brain's frontal (**STOP!**) circuitry is not modulating downstream (**GO!**) systems – the “brain brakes” may be bad – or the connection between the brakes and the other regions may be “broken”.

Result: poor decision-making...poor impulse control...greater risk-taking...poor inhibition...an “over-reacting” brain

# VULNERABILITY

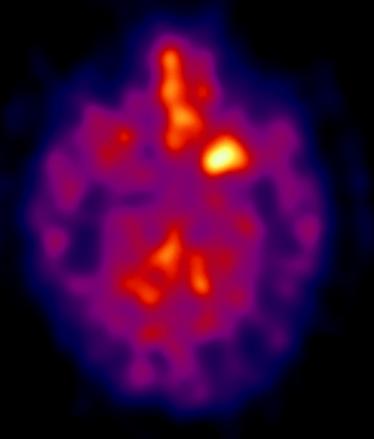
“ GO! ”

“ STOP! ”

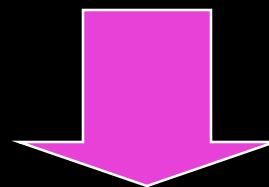
*Brain substrates of  
cue-induced drug  
motivation.....*

*....and its regulation  
(or lack thereof :  
deficits in frontal  
modulatory circuits)*

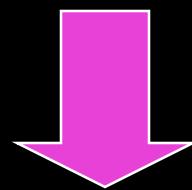
*For understanding the brain vulnerabilities in  
relapse.... and, potentially, in addiction, itself....*



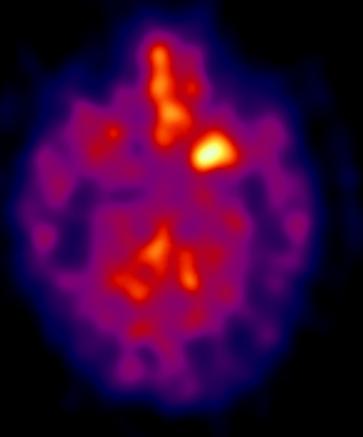
# Drug cues



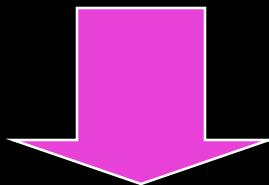
*Throbbing, pulsating desire*



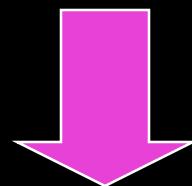
# Relapse



# Drug cues



“GO!”



Relapse

# How Do Drug Cues Come to Trigger Drug Craving?

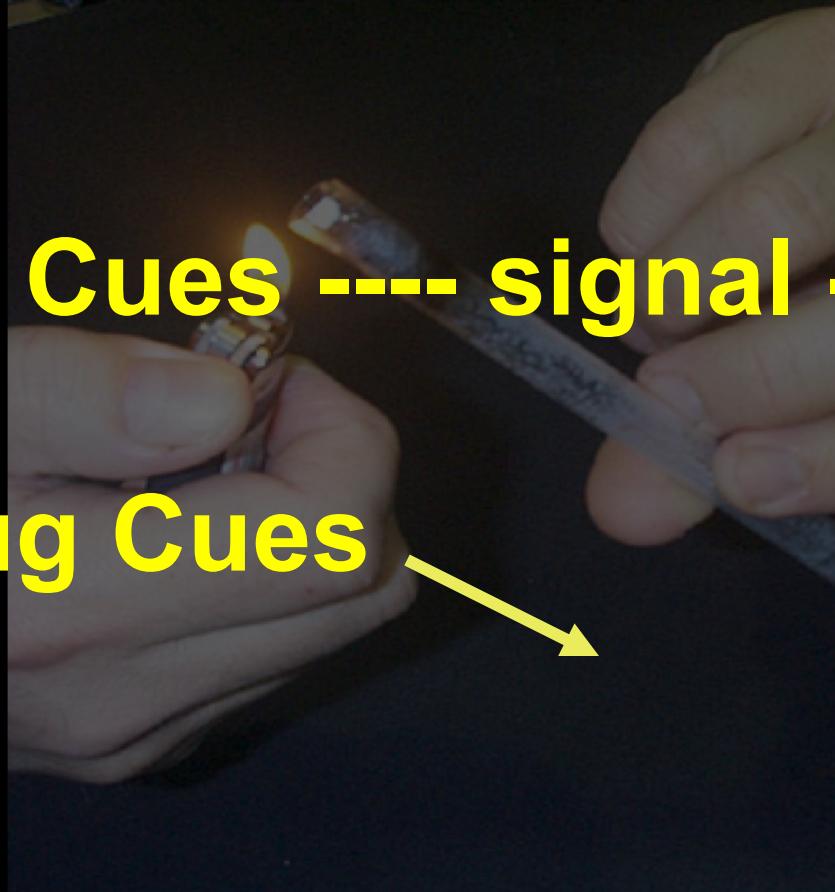
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Drug Cues ---- signal --> Cocaine

Drug Cues



Desire  
“Craving”  
“GO!”



## *Outline*

### *Context :*

- ***Two brain systems implicated in relapse vulnerability: “GO!” and STOP! Circuits***

***Goal:*** If we can capture the brain’s “GO!” response to drug cues, we can use this response to predict individual relapse vulnerability, and to screen candidate medications for their ability to impact these brain targets.

- ***Can we image the brain response to drug cues ?***
- ***Is there individual variation in “cue-vulnerability” ?  
(Genetics? Epigenetics / prior Trauma/Abuse) ?***
- ***Can we link the cue-triggered brain responses to RELAPSE ?***
- ***Is there hope? Can we impact the “cue-vulnerable” phenotype with a (DA-modulating) medication?***
- ***What's next on the horizon?***

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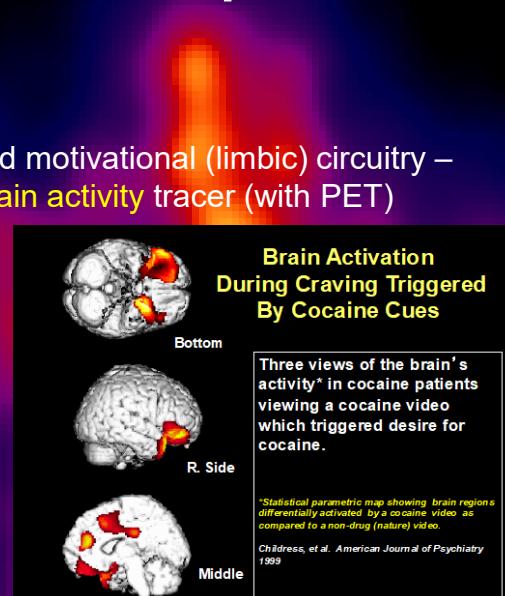
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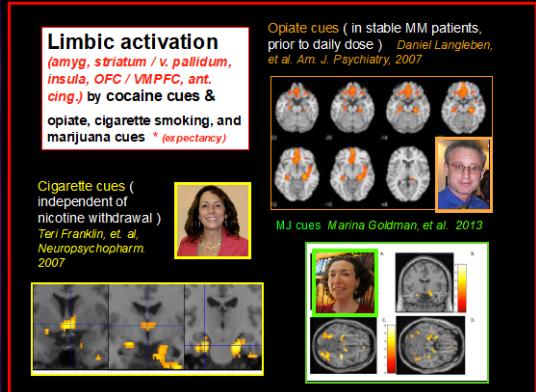
# • Can we image the brain response to drug cues ?

**YES --**

We showed that cocaine cues triggered motivational (limbic) circuitry – initially using radioactive water as a **brain activity tracer** (with PET)



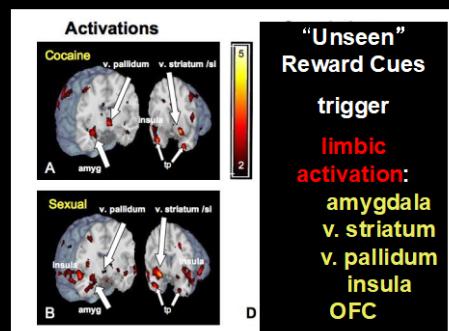
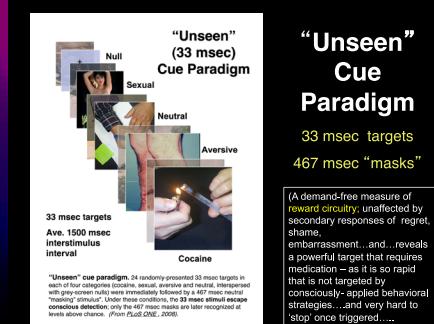
And our lab replicated this in for other drug reward cues , using fMRI...



...and for other natural reward cues:  
for **food cues**.....and for **sexual cues**



And we showed that cocaine and sexual cues could trigger these same circuits even when "unseen", presented outside conscious awareness !



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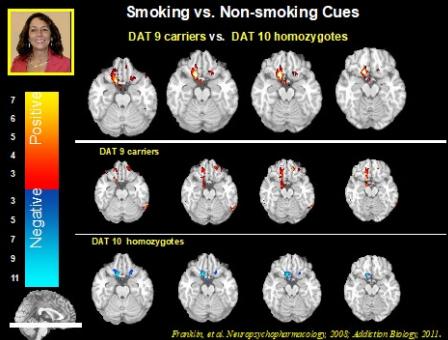
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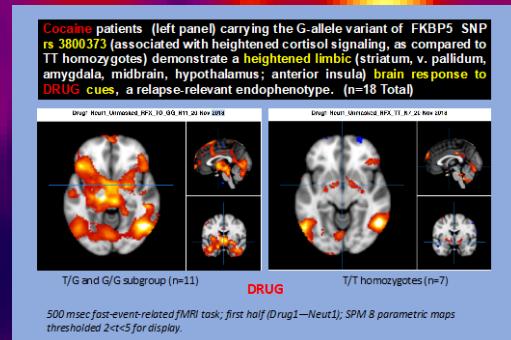
**Yes**

# Genetic

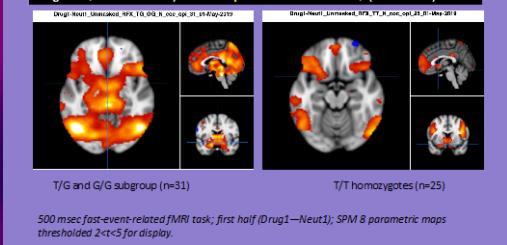
## DAT 9 carriers ↑ cue response



Carriers of the “hypercortisol” allele of FKBP5 ↑ cue response



**Cocaine and Opioid** patients (left panel) carrying the G-allele variant of FKBP5 SNP rs3800373 (associated with heightened cortisol signaling, as compared to TT homozygotes) demonstrate a **heightened limbic** (striatum, v. pallidum, amygdala, midbrain, anterior insula) and **extra-limbic** (p. cingulate, visual cortex) **brain response to DRUG cues**, ( $n=56$  total)

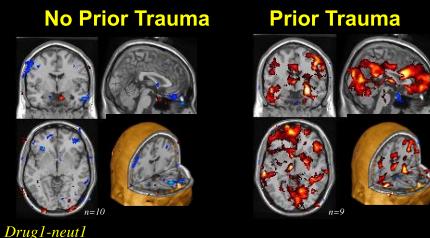


### **Epigenetic (e.g., prior adversity)**

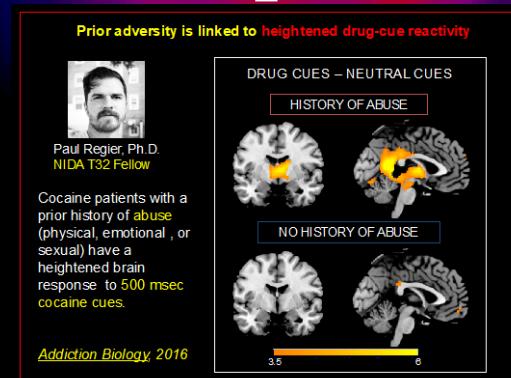
Prior trauma ↑ cue response



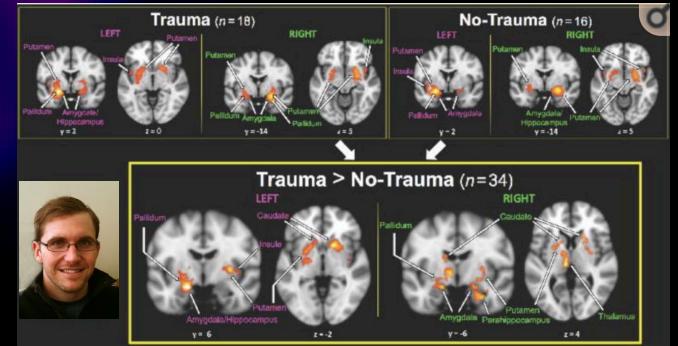
### **Enhanced Limbic Reactivity to 33 msec “Unseen” COCAINE Cues In CocainePatients with Prior Trauma**



Prior abuse ↑ cue response



Prior trauma ↑ resting amygdala connectivity



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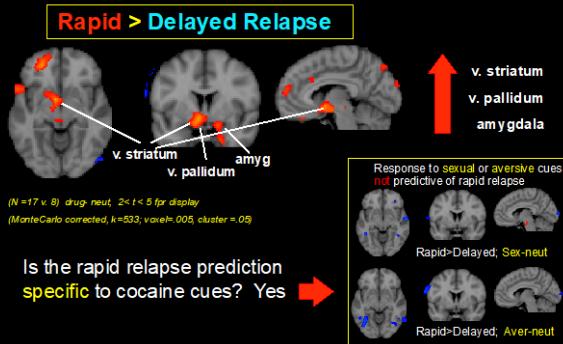
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- ***Can we link the cue-triggered brain responses to RELAPSE ?***

**Yes**

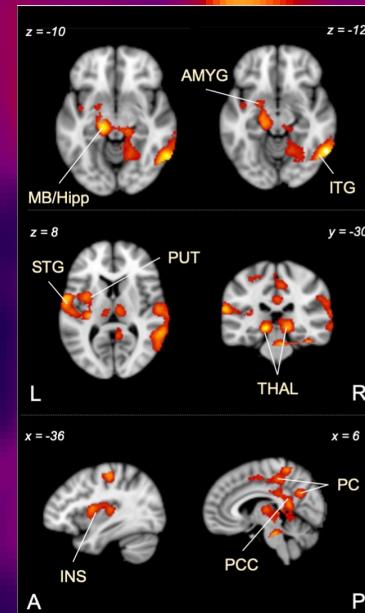
> Cocaine cue response = **RAPID** relapse

Heightened v. striatal response to **brief 33 msec** ("unseen") **COCAINE** cues predicts future **relapse**



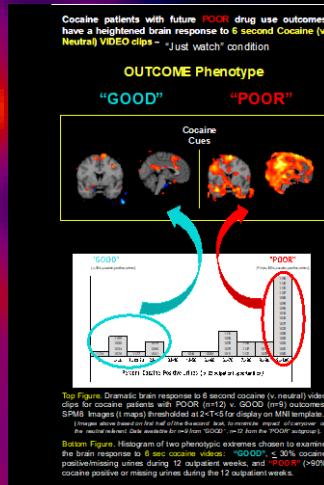
33 msec cue task

> Cocaine cue response = **MORE** future cocaine use



500 msec cue task

> Cocaine cue response = **POOR** outcome



6 sec cue task

**Cue-triggered brain responses to 6 sec cocaine cues predict relapse.**

**YES-** we can link the brain response to (visible) cocaine cues to **relapse**.

Individuals who will proceed to "**POOR**" urine outcomes (>90% cocaine-positive or missing) have a heightened brain response to cocaine cues... ...whereas those proceeding to "**GOOD**" outcome have a low response.

ACNP, 2015

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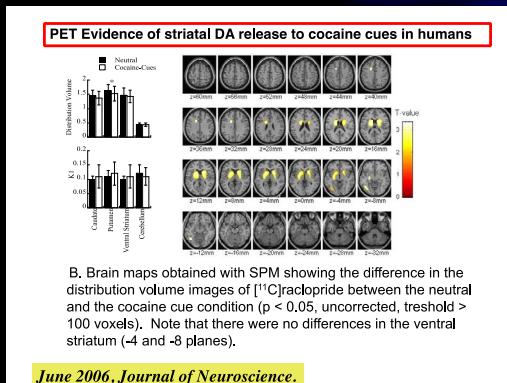
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- ***Is there hope? Can we impact the “cue-vulnerable” phenotype with a medication? What kind?***

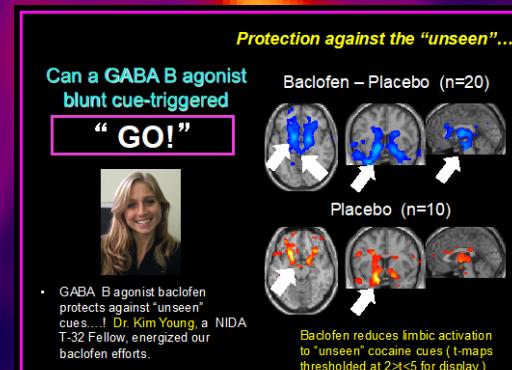
**Yes**

As drug cues trigger endogenous dopamine (DA) release.....

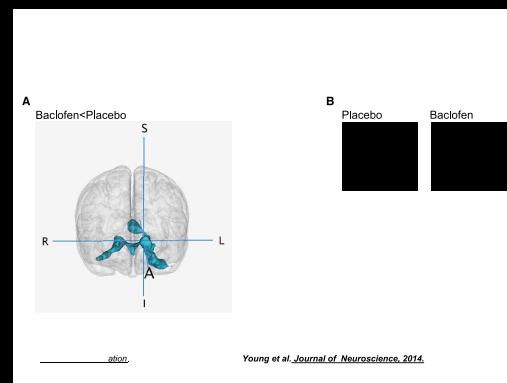
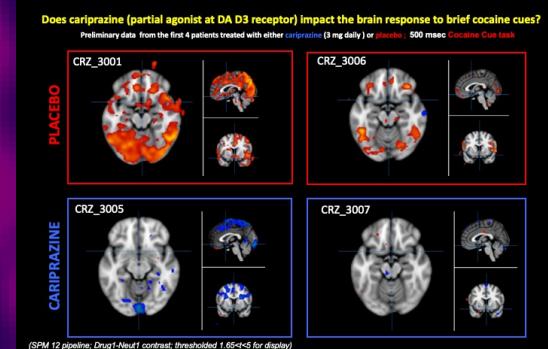


... we have tested **medications that can blunt DA signaling:**

GABA B agonists inhibit DA cell firing in VTA / DA release in striatum /cue effects in animals --



Dopamine D3 receptor antagonists / partial agonists can blunt drug reward cue effects in animals --



**Cariprazine** (Vraylar) is an atypical anti-psychotic with preferential D3:D2 activity at low doses

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- ***What's next on the horizon? Stay tuned:***

NIDA P30 DA046345 (*PET Addiction Center of Excellence, Mach / Kranzler*)

*Upcoming call for Pilot Project proposals (2-3 pages) – suited to our existing PET tracers -- with strong translational emphasis for Opioid Use Disorders*

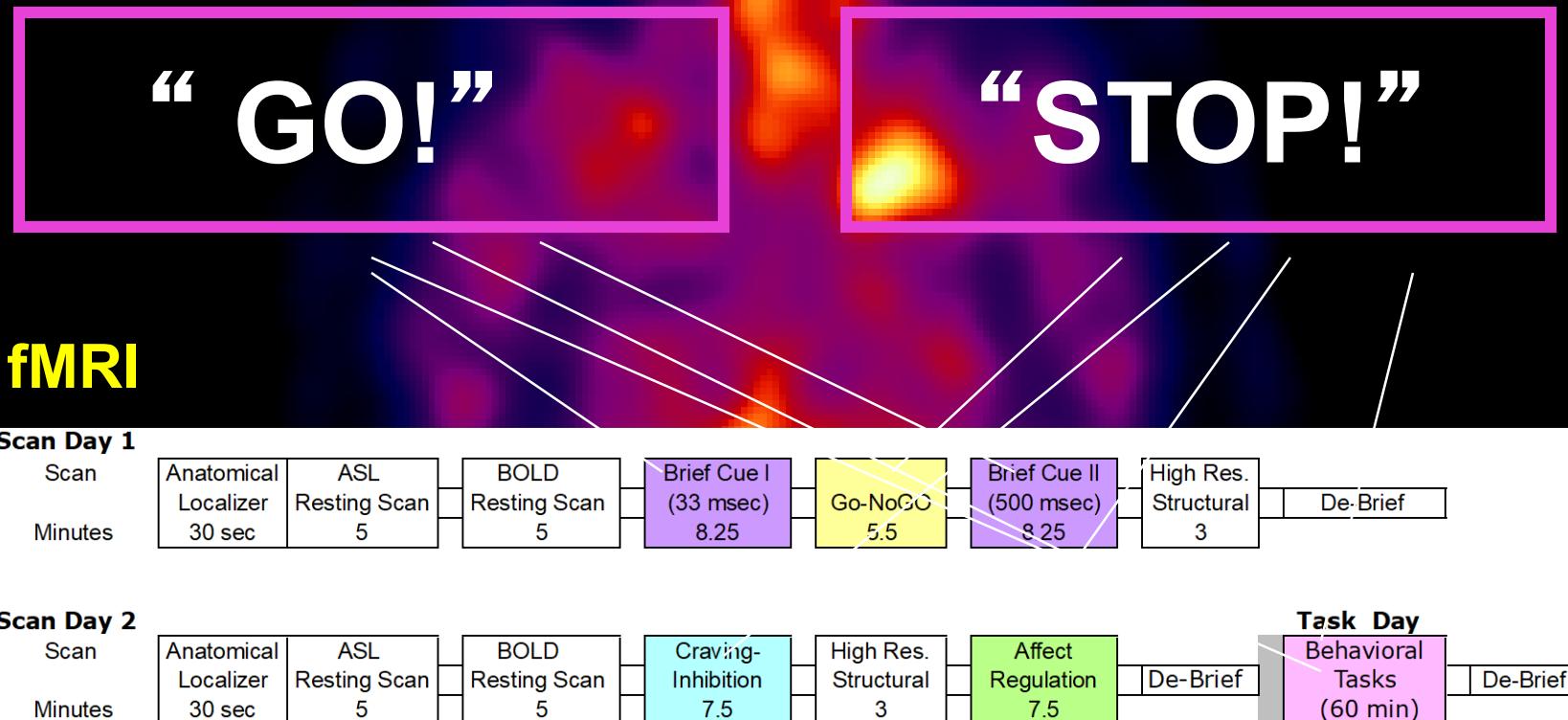
NIDA R01DA039215 (*Targeting Dopamine D3 Receptors in Cocaine*)

*Continue ongoing imaging assessment of the D3(D2) partial agonist Cariprazine on our probes for reward and inhibition\*, monitor brief relapse window*

NIDA UG1DA050209 (“**CLIN**” -> **Clinical Laboratory with Integrated Neuroscience for assessing target engagement and early efficacy of medications for substance use disorders**, pending)

Candidate anti-relapse medications will be tested in opioid patients who are also taking long-acting depot naltrexone : commercially-available candidates include **cariprazine** (our D3/D2 partial agonist, Vraylar), the dual **orexin-antagonist suvorexant** (Bellsomra), and **cannabidiol** (Epidiolex) a non-euphorogenic phytocannabinoid recently approved for treatment-resistant childhood epilepsy – and with some demonstrated impact on cue-triggered responses and on opioid self-administration and opioid withdrawal (it has positive allosteric modulation at mu opioid and kappa opioid receptors). Other potential future agents include **GABA B PAMS** (Indivior), **selective orexin 1 antagonists** (Indivior) , and **D3 antagonists** (Indivior).

# *Brain targets: Relapse Prevention*



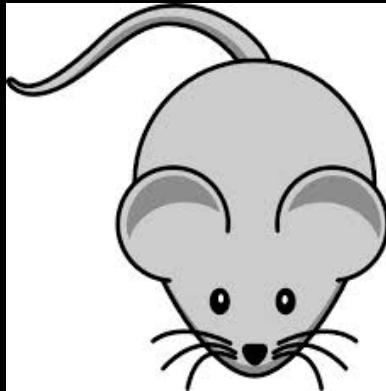
**NEW** : PET tools to complement our fMRI probes

 \* to infer endogenous DA      \* to measure receptor occupancy

Dr. Robert H. Mach

# **Relapse-relevant Brain Targets....**

**Animal Models**



**NEURO targets  
NEURO tools**



**Clinical Trials**



**....to accelerate the way forward in anti-relapse medication development for cocaine and other substance use disorders.**

Thank You



# Acknowledgements

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NIDA U54 Cooperative Cocaine Medication Development Ctr.

NIDA P50 DA12756 (Cocaine Medication Development Ctr.)

NIDA P60 DA 005186 (Improving Treatment of Drug Abuse)

NIDA R01 DA 10241 (Coc Cue + Inhibition)

NIDA R01 DA 12162 (Coc Cue + Baclo)

NIDA R01 DA 15149 (Coc Cue – ASL fMRI)

NIDA R03 I-Start – J. Suh

NIDA K01 (Nic Cue, Franklin)

NIDA K23 (Opiate Cue, Langleben)

NIDA CSP #1021 (Baclofen Multi-site Clinical Trial)

NIDA R01 DA025906 ( “Unseen” Coc Cue Extinction )

NIDA R21/R33 DA026114 (Coc Cue + Real-time fMRI )

NIDA T32 Translational Addiction Research (Childress/Pierce)

CURE Addiction Center of Excellence (Childress)

VA Medical Research Division / MIRECC

DANA Foundation

